

# ROSA THOMAS, PHD

PSY 20906 (CALIFORNIA)

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369B 3<sup>rd</sup> Street Box 117  
San Rafael, CA 94901

- Specialization in trauma treatment
- Experienced in treating anxiety, depression, bipolar disorders, and personality disorders
- Experienced in pain management
- APA-accredited pre- and postdoctoral training programs, internships, residency
- Administrative, managerial, and supervisory experience
- Correctional, forensic, cultural, and community mental health practice and research, 20+ years
- Licensed in California since 2004
- NPI and PTAN on file

## EMPLOYMENT HISTORY IN PROFESSIONAL PSYCHOLOGY

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### PRIVATE PRACTICE

- Dr Rosa Thomas  
Specializing in anxiety, phobia, depression, and trauma recovery  
MAR 2015 – Present
- Lawrence Psychological Services  
APR 2010 – FEB – 2012
- PsychStrategies  
APR 2009 – APR 2010

### CALIFORNIA DEPT. OF CORRECTIONS & REHABILITATION/ CALIFORNIA CORRECTIONAL HEALTH CARE SERVICES/ DEPARTMENT OF STATE HOSPITALS IN CORRECTIONS

MAR 2005 –  
JAN 2021

- San Quentin State Prison  
Suicide Prevention Coordinator, Co-Training Coordinator, Consulting  
Psychologist;  
Clinical Director, CTC/Psychiatric Inpatient Program for the  
Condemned  
Positive Behavior Specialist  
AUG 2014 – Present
- Vacaville Psychiatric Program  
Acute care, crisis intervention, diagnosis, testing & assessment,  
treatment planning  
NOV 2009 – JUN 2011
- California Medical Facility  
Mental Health Crisis Bed Facility;  
Correctional Clinical Case Management Service  
Enhanced Outpatient Program in Administrative Segregation  
MAR 2005 – OCT 2008

### CONTRACT EMPLOYMENT

- Kaiser Permanente, Santa Clara  
ADHD Assessments  
JAN 2022 - Present
- Kaiser Permanente, San Francisco  
FEB 2021 – DEC 2022

- Generalist providing brief therapy  
Trauma Specialist and Group Leader: Trauma Skills Group and  
Trauma Recovery Group APR 2014 –  
JUL 2014
- Vacaville Psychiatric Program  
Initial assessments including suicide and violence risk, treatment  
planning APR 2013 –  
MAR 2014
  - Irwin Army Community Hospital – Dept of Psychiatry, Ft. Riley, KS  
Comprehensive psychological services including assessment,  
treatment, psychiatric emergency services NOV 2012 –  
MAR 2013
  - Rockville Correctional Facility, Rockville, IN  
Supervisor for mental health staff; consulting psychologist to Warden  
and her staff; Triage and crisis care; brief psychotherapy JUN 2012 –  
OCT 2013
  - 9<sup>th</sup> MDOS/SGOH Medical Treatment Facility, Beale AFB, CA  
Comprehensive psychological services including assessment,  
treatment, psychiatric emergency services, brief psychotherapy, and  
clinical supervision AUG 2011-  
NOV 2011
  - San Quentin State Prison  
Crisis intervention; assessments; weekly clinic on dorm yard

#### **SONOMA STATE UNIVERSITY, ROHNERT PARK, CA**

- Director (Interim) Counseling and Psychological Services AUG 2006 –
- Director (Interim) Disability Services for Students JUN 2007

#### **COMMUNITY PRACTICE**

- Ananda Institute, Santa Rosa, CA
- Family Assessment Clinic, UM School of Social Work, Ann Arbor

#### **EDUCATION & FELLOWSHIP**

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|---------------|--|------------------------|
| <b>PhD</b>    | University of Michigan, Ann Arbor; Psychology<br>Dissertation: <i>Members of the Club: Culture, The Fair Sex, and<br/>Racial Attitudes in a Detroit-area Sample of White Americans</i><br>Committee: James S. Jackson (Chair), Tom Fricke, Laura Kohn,<br>Jacqueline Mattis, Ramaswami Mahalingham | AUG 2002               |
| <b>MA</b>     | University of Michigan, Ann Arbor; Psychology<br>Thesis: <i>Gender and Prejudice in Four Western European Nations</i><br>Advisor: James S. Jackson   | APR 2002               |
| <b>AB</b>     | Tufts University, Medford, MA; Psychology (Clinical)<br>Latin Honors: <i>Magna Cum Laude</i><br>Senior Project: <i>Eating Disorders and body image: A comparison of<br/>women in two college populations</i>   | JUN 1992               |
| <b>FELLOW</b> | National Science Foundation: Culture and Cognition   | SEP 1997 –<br>APR 1999 |

## CLINICAL RESIDENCY, INTERNSHIPS, PRACTICA

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### POSTDOCTORAL FELLOWSHIP

American Psychological Association Minority Fellowship Program U. S. Dept of Health and Human Services – Substance Abuse and Mental Health Services Administration (SAMHSA) Research Project: <i>Cultural Influences in Mental Health Disparities</i>	AUG 2002 – JUL 2004
Family Assessment Clinic, UM School of Social Work Forensic testing & evaluation: Child neglect and abuse; Parental fitness	AUG 2002 – NOV 2004

### PREDOCTORAL INTERNSHIPS

University of Michigan Captive Consortium (APA Accredited)  The University Center for the Child and Family	SEP 2000 – AUG 2001
The Psychological Clinic	SEP 1998 – JUL 2001

### PRACTICA

University of Michigan Captive Consortium (APA Accredited)  Behavioral Medicine Clinic, UM Dept. of Psychiatry	JAN 1997 – AUG 1997
UM Counseling and Psychological Services	SEP 1996 – DEC 1996
The Riverview Clinic, UM Dept. of Psychiatry Personality Disorders Unit	MAY 1996 – AUG 1996

### BACCALAUREATE INTERNSHIP

Bournemouth Hospital (Brookline, MA) – Acute Care Unit	SEP 1990 – MAY 1991
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## TEACHING EXPERIENCE

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<b>School of Public Health, University of Michigan, Ann Arbor</b>	
Guest Lecturer, Culture and Mental Health <i>“Assessing the culture in mind: Units of analysis in health disparities research”</i> Graduate course section	OCT 2003
<b>Madonna University, Livonia, MI</b>	
Adjunct Faculty, Qualitative Research Methods (required graduate course)	Winter Term, 2002
<b>“Raising Strong and Confident Daughters” Program, Ann Arbor, MI</b>	
Counseling Supervisor and Consultant to the Director, Carole Lapidus, MSW Counseling Supervisor for undergraduate volunteers serving an after-school program, “It’s Great to be a Girl,” for economically challenged, middle-school girls.	Academic Year, 2001 - 2002
<b>Department of Psychology, University of Michigan, Ann Arbor</b>	
Instructor Project Outreach: Exploring Careers (100+ student lecture and activities); Group Leading (12-14 student seminar)	SEP 2000 – APR 2001
Instructor Introduction to Psychology	SEP – DEC 1999
Guest Lecturer, Exploring Careers: “Career Trajectories,” “Work/Life Balance,” and “Diversity Awareness”	Fall, 1997, Spring 2000, Spring 2002
Course Assistant, Introduction to Psychopathology	Fall 1997, Fall 2001

**RESEARCH AND RELATED EXPERIENCE**

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**Research Center for Group Dynamics, Institute for Social Research, University of Michigan**

Research Associate, International Work Group on Race and Ethnicity SEP 1997 –  
 James S. Jackson, PhD, Principal Investigator and Convenor APR 2002  
 Collaborative team approach for research projects on prejudice in the cross-national context

**Psychology Department, University of Michigan, Ann Arbor**

Research Supervisor SEP 1996 –  
 “Egalitarian Ideals and Everyday Relationships: APR 1997  
 A Qualitative Study of Individuals Resolving Social Values and Social Practices:  
 Trained and supervised seven undergraduate assistants

**Wellesley College, Wellesley, Massachusetts**

Research Assistant AUG 1994 –  
 Eating Disorders in Pre-Teen Girls; Elissa Koff, PhD, Principal Investigator MAY 1995  
 Developed sample, administered assessments for study on eating attitudes and behaviors of girls, ages 7 to 12 years

Associate, Stone Center, Wellesley College Center for Research on Women SEP 1993 –  
 Relational theory in cross-cultural perspective, with Jean Baker-Miller, PhD MAY 1995  
 and Cynthia Garcia-Coll, PhD

**Tufts University, Medford, Massachusetts**

“Eating disorders and body image in single-sex and co-ed populations” SEP 1991 –  
 Senior research project MAY 1992

**PRESENTATIONS**

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Vanover, C., Thomas, R. L. & Langtiw, C.L. (2014, January) "They are only going to steal your cars." Juried ethnodrama performance and interactive discussion for The Qualitative Report Fifth Annual Conference: Qualitative Research Artistry and Craft, Nova Southeastern University, Davie FL.

Vanover, C., Lawrence, R., Deerman, G. (2013, May). They are Only Going to Steal Your Cars: An Inquiry Theatre Production. 9th International Congress of Qualitative Inquiry, Champagne-Urbana, IL.

Horon, R. H., McManus, T., Delgado, D., Lawrence, R. T., Rudd, D. (2010, August) . Evidence-based Suicide Risk Assessment in Correctional Populations. 118 Annual Meeting of the American Psychological Association, San Diego, CA.

Lawrence, R. T. (2007, November). Gift, game, or psychopathology: Assessing Perceptual Disturbances. Continuing education presentation to the medical staff of the California Medical Facility, Vacaville, CA.

Lawrence, R. T. (2005, October). Treatment of African-Americans II. Continuing education presentation to the medical staff of the California Medical Facility, Vacaville, CA

Lawrence, R. T. (2005, October). Psychotherapy with African Americans. Continuing education presentation to the medical staff of the California Medical Facility, Vacaville, CA

- Lawrence, R. T. (2003, July). The Fairer Sex? Gender and racial attitudes among white Detroiters. Paper presented at the Twenty-sixth Annual Scientific Meeting of the International Society of Political Psychology, Boston, MA.
- Lawrence, R. T. (2003, May). Overview of Text Analyst 2.1: Natural language text analysis. Talk given at the Third Annual Conference on Qualitative Research and Methods, University of Michigan, Ann Arbor.
- Thomas, R. (2002, April). Members of the club. Talk given on the intercultural- intergroup behavior dimensions of my dissertation research, delivered to faculty and students of the Culture and Cognition Program, U of M, Ann Arbor.
- Thomas, R. (2002, April). Members of the club. Talk given on the social-cognitive and affective change dimensions of my dissertation research, delivered to clinical faculty and students, Psychology Department, University of Michigan, Ann Arbor.
- Thomas, R. (2000, July). Gender and prejudice in four western European nations. Paper presented at the XXII Annual Scientific Meeting of the International Society for Political Psychology (ISPP), Seattle, WA.
- Thomas, R. (1999, July). If you don't know, is it gender? Paper presented at the XXII Annual Scientific Meeting of the ISPP, Amsterdam, The Netherlands.
- Thomas, R. (1999, August). Shifting racial boundaries: Race and race relations in everyday relationships. Poster presentation of qualitative research project for Division 9 (SPSSI) at the 107th Annual Convention of the American Psychological Association, Boston, MA.
- Thomas, R. (1999, April). White egalitarian perspectives on every day, interracial relationships. Talk given at the annual Culture and Cognition Conference, University of Michigan, Ann Arbor.
- Brown, K. T., Thomas, R., Lawrence, J., & Jackson, J. S. (1998, July). Gender and prejudice in western Europe. Paper presented at the 2nd Biennial Meeting of the Society for the Psychological Study of Social Issues, Ann Arbor, Michigan.
- Thomas, R. (1997, December). "The Color of Fear." A facilitated discussion and presentation of the film by Lee Mun Wah, Episcopal Student Foundation, Estes Park, CO.
- Thomas, R. (1996, November). The psychological consequences of everyday racism. A paper presented at the Center for African American Studies, University of Michigan, Ann Arbor, Michigan.
- Thomas, R. (1996, September). The psychological consequences of everyday racism. Paper presented at A Women's Health Conference, jointly sponsored by the American Psychological Association and the National Institutes of Health, Washington, DC.
- Thomas, R. (1996, September). Orientation to graduate studies in psychology. Panelist, University of Michigan, Ann Arbor.

#### **GRANTS, HONORS & AWARDS**

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Summer Research Partnership Award	Summer, 2000
APA Minority Fellowship Program Predoctoral Fellowship Proposal – Honorable Mention	2000
Horace H. Rackham School of Graduate Studies (U of M), Travel Grant	1999
International Institute (U of M), Travel Grant	1999
Office of Academic Multicultural Initiatives (U of M), Research Grant	1999

Committee on Institutional Cooperation, Women in Science & Engineering Travel Grant	1999
Horace H. Rackham Travel Grant (U of M)	1999
APA Minority Fellowship Predoctoral Fellowship Proposal – Honorable Mention	1999
National Science Foundation, Culture and Cognition Program, Research Grants	1998, 1999
1998 and 1999 National Science Foundation Training Fellowship, Culture and Cognition Program	SEP 1997 – APR 1999
Summer Institute in Survey Research Techniques, Minority Grant	1997
Horace H. Rackham School of Graduate Studies (U of M), Merit Fellowship	1995 - 2001
University of Michigan Summer Institute Fellowship (Regression and OLS Analysis)	Summer, 1995
Priscilla N. Dunne Prize, Tufts University	1991
Psi Chi Honor Society	Elected 1990

## PROFESSIONAL AFFILIATIONS

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American Professional Society on the Abuse of Children	2002 – 2005
American Psychological Association	1995 – Present
Division 9: Society for the Psychological Study of Social Issues (1999–2006; 2010–2012)	
Division 12: Society for Clinical Psychology (2010–2012)	
Division 41: American Psychology-Law Society (2010–2012)	
Division 42: Psychologists in Independent Practice (2011 – 2012)	
American Psychological Society	2005 – 2007
American Anthropological Association	2003 – 2013
California Psychological Association	2006 – Present
Eye Movement Desensitization and Reprocessing International Association	2012 – Present
Forensic Mental Health Association of California	2010 – 2012
International Association for Correctional and Forensic Psychology	2010 – 2012
International Society for Political Psychology	1999 – 2007
International Society for the Study of Trauma and Dissociation	2015 – Present
Redwood Psychological Association	2004 – 2013
Society for Clinical and Experimental Hypnosis	2015 – Present
Society for Psychological Anthropology	2003 – 2008
Sonoma County Bar Association—Associate	2011 – 2013

## LICENSES AND CERTIFICATIONS

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Psychologist License (California) PSY 20906	2006 – present
Psychologist Registration (New Zealand) 90-05205	2012 – 2013
Psychologist License & HSPP designation (Indiana) 20042650A	2013 – 2014
Child Custody Certification & Recertification	OCT 2010; AUG 2012
Registered Psychologist (California) RPS 2004124	AUG 2004 – MAY 2006
Limited License – Doctoral Psychologist (Michigan) #6301012229	2003 – 2004
BLS (American Heart Association)	Current to 2024
Standard First Aid (American Red Cross)	2009 - 2014
National Coalition Building Institute (NCBI) Prejudice Reduction/Conflict Resolution Trainer	Since 1993

**MANAGEMENT, CONSULTATION & TRAINING EXPERIENCE, PRIOR TO GRADUATE SCHOOL**

Wellesley College, Wellesley, MA Assistant Director for Residence Life. Duties included program development and evaluation	AUG 1991 – JUN 1995
Independent Consulting Practice in Antiracism & Prejudice Reduction, Workplace Relations Client list includes: Habilitation Assistance Corporation; Police Department, Town of Wellesley; Campus Safety, Wellesley and Babson Colleges; Winchester (MA) High School Reading Tutor Program; Episcopal Diocese of Massachusetts; Episcopal Divinity School	1998 - 1995

**CONTINUING PROFESSIONAL EDUCATION – THROUGH 2015, TO BE UPDATED**

Sensorimotor Psychotherapy – Level II Training (Attachment Trauma; 180 CEs)	05/2017
EMDR Review; Initiating Certification Process (47.5 CEs)	12/2015
Sensorimotor Psychotherapy – Level I Training (Acute Trauma; 80 CEs)	06/2015
Advanced Clinical Training in Attachment-Focused EMDR Therapy (12 CEs)	11/2013
Society for Clinical & Experimental Hypnosis (SCEH) – Basic Certification in Clinical Hypnosis (20 CEs)	08/2013
SCEH – Scientific Sessions (10 CEs)	08/2013
Basic Training in EMDR, Sonoma Psychotherapy Training Institute (47.5 CEs)	12/2011
Certified Disaster Mental Health Response Specialist (CDMHRs) (30 CEs)	1/2012
Aging and Long Term Care – Refresher (3 CEs)	1/2012
Adventures on the Electronic Frontier: Ethics & Risk Management in the Digital Era (6 CEs)	8/2011
Addressing Health Disparities Through Clinical Interventions in Substance Abuse and Mental Health (1 CE)	8/2011
Mindfulness Skills Training From an Evidence-Based Perspective (1 CE)	8/2011
Psychologists As Meaningful Users of EHRs (1 CE)	8/2011
PracticeOUTCOMES—The New APA Product for Clinicians (2 CEs)	8/2011
Hare Psychopathy Checklist-Revised Certification Workshop—Part I (14 CEs)	4/2011
Forensic Mental Health Association of California, 36th Annual Conference (16 CEs)	4/2011
Coding and Billing for Mental Health Services (6 CEs)	1/2011
Pre-employment Evaluations for High Risk Professions (7 CEs)	8/2010
Evidence-based Practices in Suicide Risk Assessment for Correctional Populations (4 CEs)	7/2010
Forensic Visiting Scholars: Violence Risk? Preparation for Court, Part One (5.5 CEs)	4/2010
Forensic Visiting Scholars: Violence Risk? Preparation for Court, Part Two (5.5 CEs)	4/2010
Forensic Mental Health Association of California, 35th Annual Conference (13 CEs)	3/2010
Child Custody Certification Sequence:	
Child Custody Evaluation (20 CEs)	10/2010
Testifying in Court (7 CEs)	10/2010
Violence Risk Assessment (14 CEs)	10/2010
Rorschach Beginning Level (Refresher) Training Program	
Rorschach Training Programs (35 CEs)	2009
Forensic Uses of the MMPI-2/RF (18 CEs)	2009
44 <sup>th</sup> Annual Symposium on Recent Research, Minneapolis, MN	
Clinical Supervision (6 CEs)	2009
Association for Advanced Training in Behavioral Sciences	
Correctional Mental Health and Referral Project Training California Department of Corrections and Rehabilitation	2009
American Academic of Forensic Psychology Board Certification Workshop (6 CEs)	2008
American Academic of Forensic Psychology: A Survey of Forensic Psychology	2008

Practice (24 CEs)	
Eating Disorders: A Psychological Update (1 CE)	2008
Anxiety Disorders: Symptoms, Causes, and Treatments (3 CEs)	2008
Suicide Risk Assessment in Correctional Settings (7 CEs)	2008
Dual Diagnosis, Patients with HIV and Psychiatric Illness (1 CE)	2008
Profiles in Serial Killers II (1 CE)	2008
APA Division 35 & National Multicultural Conference and Summit Continuing Education:	
The Challenge of Conflict Among Allies: Risks and Opportunities (1 CE)	2007
Disability Theory and Multiple Identity Politics at the Movies (1.5 CEs)	2007
Becoming Who We Are: Issues in LGBT Lifespan Development	2007
Promoting (Counter) Narratives of Resilience of Multiply Oppressed (1 CE)	2007
Research Issues for Diverse Populations (1 CE)	2007
Evidence-Based Practice for Diverse Populations (1 CE)	2007
Cultural Orientation and Psychological Well-Being (1 CE)	2007
Couple Communication I and II and Core Communication – Instructor Workshop (15 CEs)	2007
Detection of Deception (Ekman Group Micro Facial Expression Workshop) (6 CEs)	2007
Somatic Experiencing: An Overview (1 CE)	2007
Training 4 Trainers Instructors Course – CDCR (24 hours)	2007
Foundations of Disaster Mental Health – American Red Cross (6.5 CEs)	2007
Testing and Evaluating CDCR Inmates for Developmental Disabilities and Adaptive Support Needs, and Legal and Ethical Considerations for Psychology Services in Corrections (7 CEs)	2007
Ethical Decision-Making and Risk Management in Clinical Practices (6 CEs)	2007
How Dual Independent Memory States Pattern Information to Create Complex Paradoxical Behaviors (1 CE)	2007
Rehabilitating Correctional Treatment: What Works for Offenders (4 CEs)	2006
Single Session Therapy: When the First Session May be the Last (4 CEs)	2006
Association of University & College Counseling Center Directors Annual Conference (16 CEs)	2006
Management Issues and Higher Administration, Organization of Counseling Center Directors in Higher Education (2.5 CEs)	2006
Emergency Mental Health: Assessment and Treatment	2005
Developmentally Appropriate Visitation in Juvenile Dependency Cases (Judicial Training)	2004
Spousal/Partner Abuse Assessment and Treatment: Domestic Violence Training (7 hours)	2004
Human Sexuality (10 hours)	2004
Child Abuse Assessment, Reporting and Treatment (7 hours)	2004
Chemical Dependency Training (15 hours)	2004

## COMMUNITY AND PROFESSIONAL SERVICE

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Board Member, California Parenting Institute, Santa Rosa, CA	2012-2013
Continuing Education Coordinator	2008
Redwood Psychological Association, Santa Rosa, CA Member-at-Large, Medical Executive Committee California Medical Facility Medical Staff, Vacaville, CA	2008
Member-at-Large, National Board of the Episcopal Urban Caucus Boston, MA	1998 – 2000
Week-end overnight monitor	1986 – 1987
Uptown Warming Shelter, Chicago, IL	



Volunteer, Episcopal Church of the USA 1983 – 2013